

WYE RIVER SLSC



Junior Preliminary Skills Evaluation 2019/20

Please have this form completed by a **qualified coach/teacher or pool lifeguard** and send scan/photo to wyerivernippers@gmail.com Please type you family name in the subject line.

This form needs to be completed by Friday the 20th December 2019.

Nippers cannot participate in water activities unless this form has been completed and emailed to the club.

----- (Nipper name) from the Wye River SLSC has successfully completed the following swim and survival float for their age group.

Age group	Swim requirement	Float requirement	Tick appropriate age group
Under 7	From a standing position in waist deep water perform a front glide, kick for 3m and recover to a secure position.	Perform a back float for 30 secs and recover to a secure position.	
Under 8	25 metre swim (any stroke)	1 minute survival float	
Under 9	25 metre swim (any stroke)	1 minute survival float	
Under 10	25 metre swim (freestyle)	1 ½ minute survival float	
Under 11	50 metre swim (freestyle)	2 minute survival float	
Under 12	100 metre swim (freestyle)	2 minute survival float	
Under 13	150 metre swim (freestyle)	3 minute survival float	

Name: _____

Position: _____

Signature: _____

Date: _____